

Chap.1 Kinematics and Dynamics of Galactic Stars

- Orbits of stars
 - Orbits in gravitational potentials, Integral of motion
- Kinematics of stars
 - Velocity components, LSR, solar motion, Galactic constants
- Distribution functions of stars
 - Schwarzschild, modeling distribution functions
- Jeans equations
 - Jeans theorem, spherical system, asymmetric drift
- Virial theorem

1. Orbits of stars

Galaxy structure: superposition of stellar orbits

- Orbits in a spherical potential $\Phi(r)$

$$L = \mathbf{r} \times d\mathbf{r}/dt = \text{const.}$$

⇒ confined to the 2D orbital plane ⇒ coordinates (r, ϕ)

E.g. Kepler potential (by a point mass: M)

$$\Phi(r) = -GM/r$$

$$\begin{cases} L = r^2 d\phi/dt \\ E = \frac{1}{2} \left(\frac{dr}{dt} \right)^2 + \frac{L^2}{2r^2} - \frac{GM}{r} \end{cases}$$

$$\Rightarrow \frac{a(1 - e^2)}{r} = 1 + e \cos(\phi - \phi_0)$$

equation for
an ellipse (orbit)

$$e \equiv \sqrt{1 - 2|E|L^2/(GM^2)}$$

eccentricity

$$a \equiv L^2/GM(1 - e^2)$$

semi-major axis

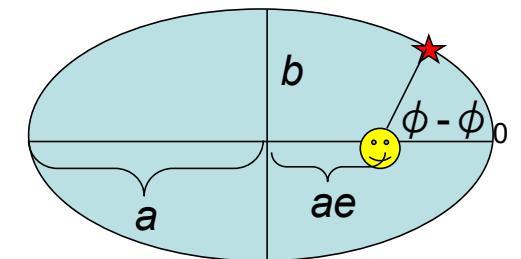
$$r_{\text{pr}} = a(1 - e)$$

pericenter

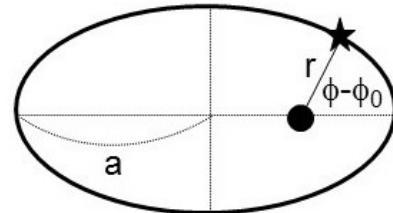
$$r_{\text{ap}} = a(1 + e)$$

apocenter

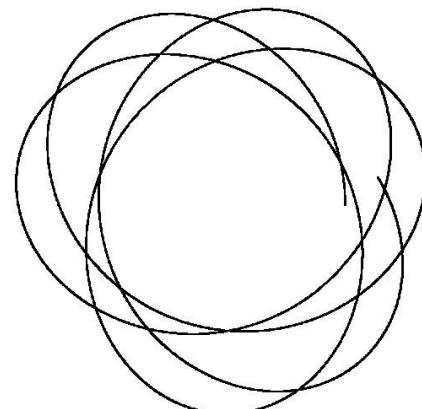
$$\Rightarrow e = \frac{r_{\text{ap}} - r_{\text{pr}}}{r_{\text{ap}} + r_{\text{pr}}}$$



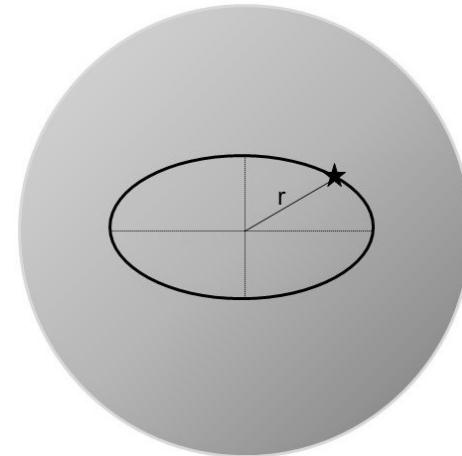
Kepler motion
(orbit in a point-mass potential)



$\Delta\phi = 2\pi$ over one period
of radial oscillation
 \Rightarrow closed orbit



Orbit inside a uniform sphere



$\Delta\phi = \pi$
closed orbit

$$M(< r) = 4\pi r^3/3$$

$$F(r) = -GM(< r)/r^2$$

$$\propto -r$$

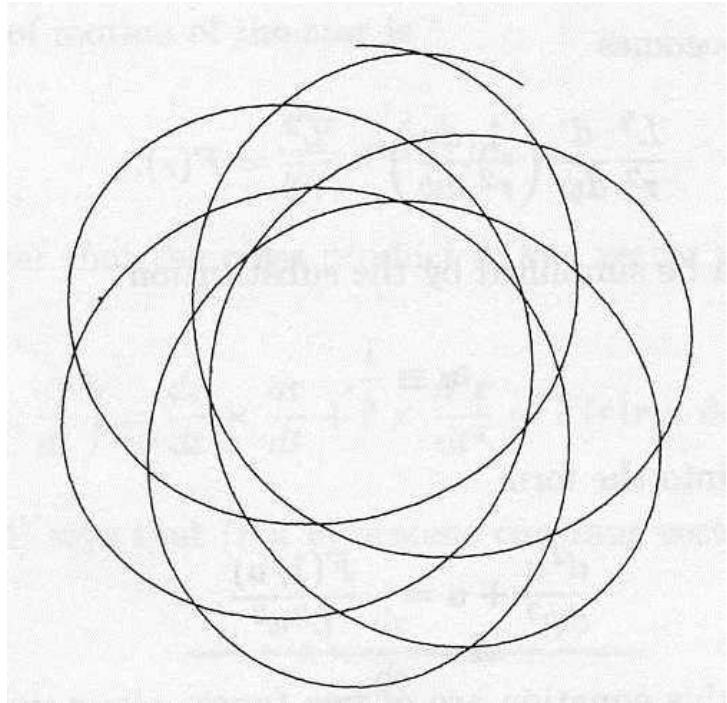
$$F_x \propto -x, F_y \propto -y$$

Simple oscillator

Orbit in a gravitational potential
provided by
a general spherical mass distribution

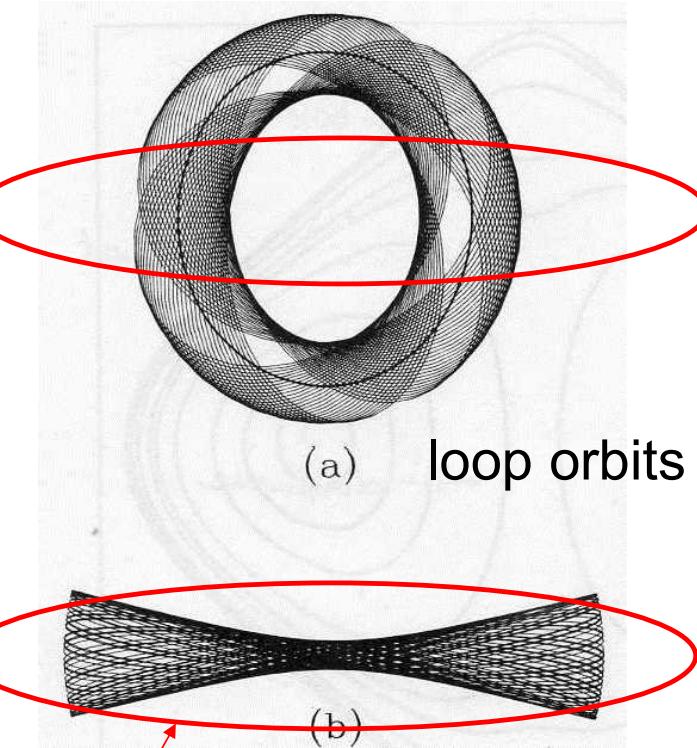
$\pi < \Delta\phi < 2\pi$
Rosette orbit
(non-closed)

- 2D axisymmetric $\Phi(R)$



loop orbits

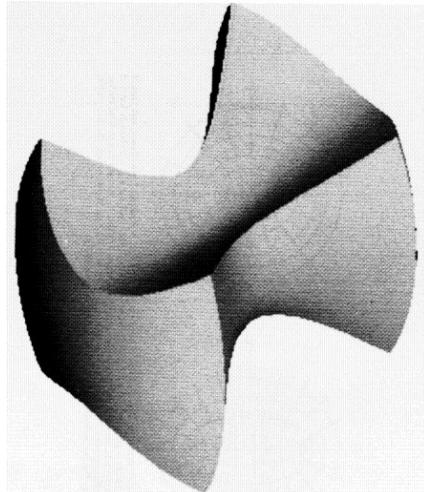
- 2D non-axisymmetric $\Phi(x,y)$
(Nonrotating bar potential)



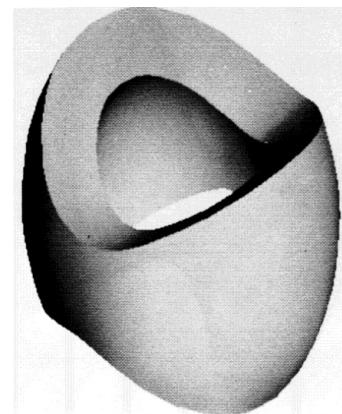
Orientation of a bar

Orbits in a (nonrotating) triaxial potential

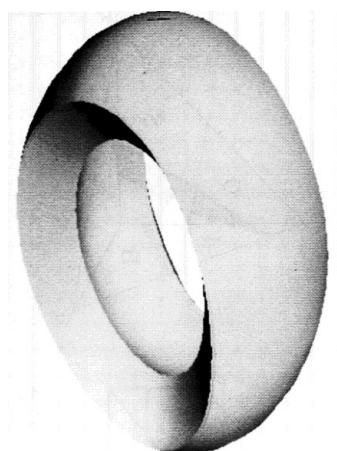
Box orbit



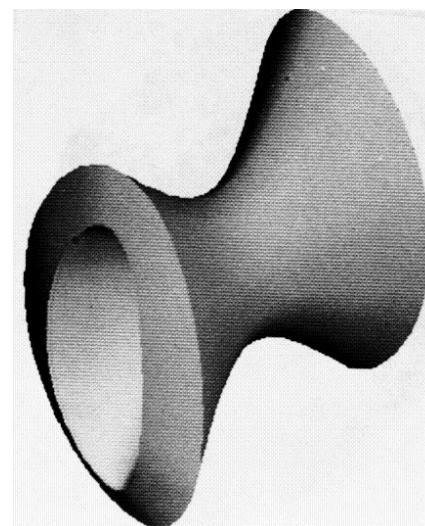
Short-axis tube orbit



Outer long-axis
tube orbit



Inner long-axis
tube orbit



Statler 1987, ApJ, 321, 113

- Stäckel potential

- Hamilton-Jacobi eq. is separable \Rightarrow eq. of motions is solvable independently in each spatial coordinate
- Integral of motion $I_i(\mathbf{x}, \mathbf{v}) i=1,3$
Only regular orbits exist (de Zeeuw 1985, MNRAS, 216, 273)
explicit expressions for $I_1(\mathbf{x}, \mathbf{v}) (=E)$, $I_2(\mathbf{x}, \mathbf{v})$, $I_3(\mathbf{x}, \mathbf{v})$

- Action integrals

$$J_i(E, I_2, I_3) i=1,3$$

- Adiabatic invariance
- $J_i \geq 0$ for bound orbits
- Phase volume

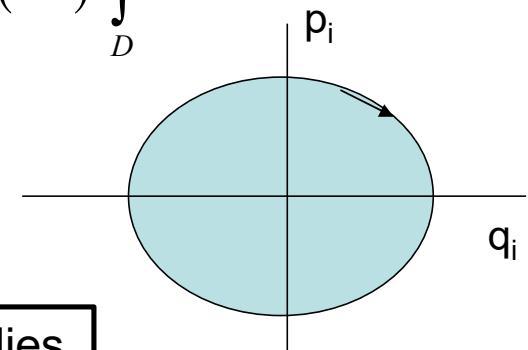
$$J_i = \frac{1}{2\pi} \oint p_i dq_i$$

$$V = \int_D d^3x d^3v = \int_D d^3J d^3\theta = (2\pi)^3 \int_D d^3J$$

Canonical transformation $(\mathbf{q}, \mathbf{p}) \rightarrow (\boldsymbol{\theta}, \mathbf{J})$

$$\dot{\theta}_i = \frac{\partial H}{\partial J_i} = \omega_i, \dot{J}_i = -\frac{\partial H}{\partial \theta_i} = 0$$

Action integrals for the classification of orbital families



Action integrals for a Kepler motion

$$J_r = \frac{1}{\pi} \int_{r_{\min}}^{r_{\max}} p_r dr = \frac{\sqrt{2}}{\pi} \int_{r_{\min}}^{r_{\max}} \sqrt{E - \frac{L^2}{2r^2} + \frac{GM}{r}} dr = \frac{GM}{\sqrt{2|E|}} - L = L \left[\frac{1}{\sqrt{1-e^2}} - 1 \right]$$

$$J_\theta = \frac{1}{\pi} \int_{\theta_{\min}}^{\theta_{\max}} \sqrt{L^2 - \frac{p_\phi^2}{\sin^2 \theta}} d\theta = L - |J_\phi|$$

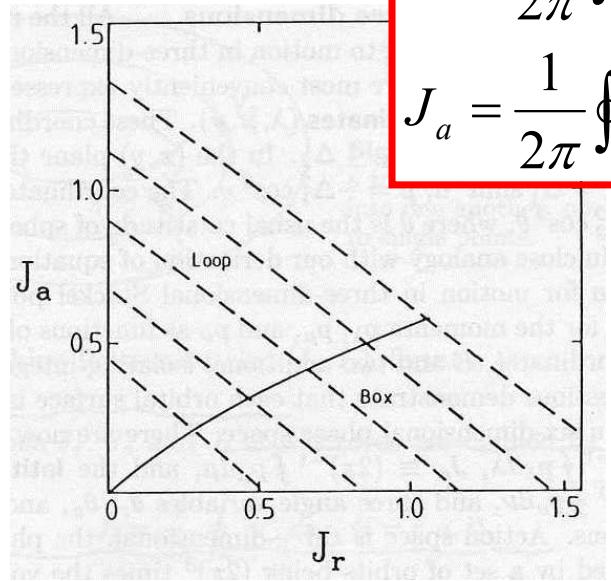
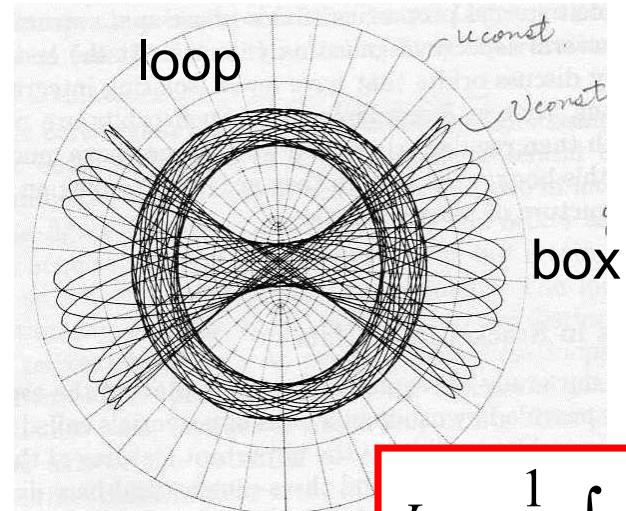
$$J_\phi = \frac{1}{2\pi} \oint p_\phi d\phi = p_\phi$$

$L = |J_\phi| + J_\theta$: **adiabatic invariance**

\Rightarrow *Orbital eccentricity: e* is an adiabatic invariance as well

(a conserved quantity when the change of a gravitational potential is sufficiently slow compared to its dynamical time scale)

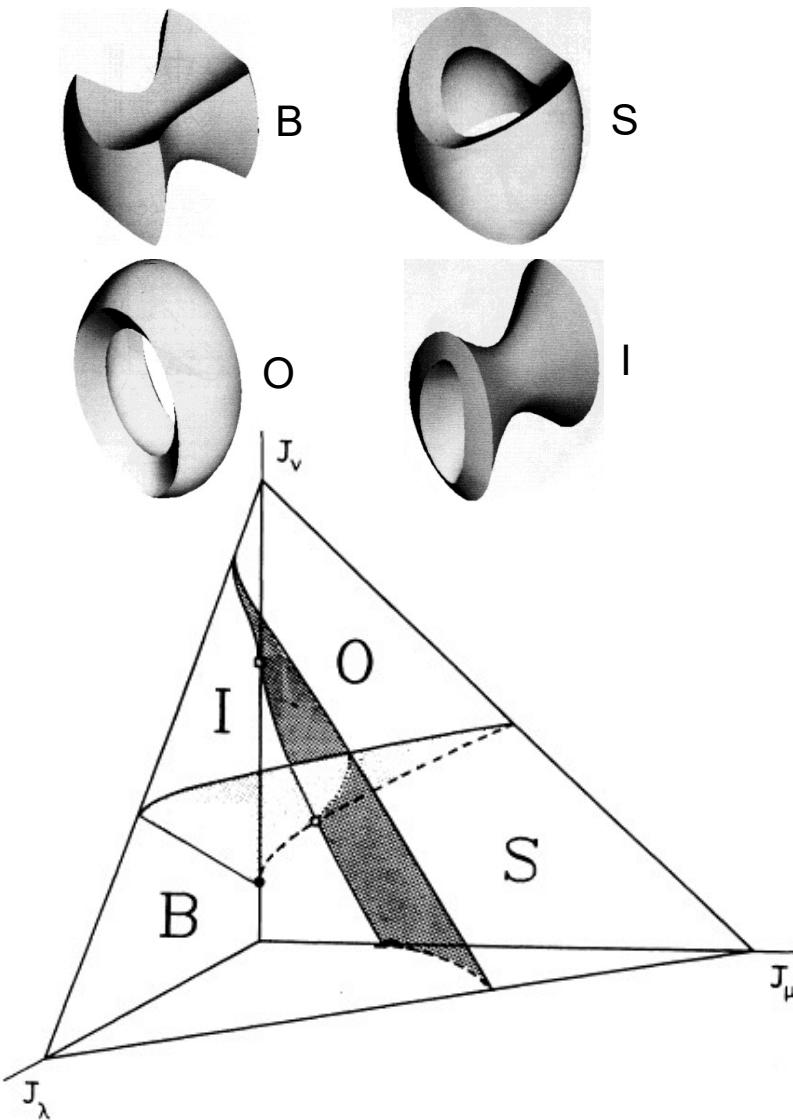
• 2D non-axisymmetric $\Phi(x,y) \Rightarrow \Phi(u,v)$



$$J_r = \frac{1}{2\pi} \oint p_u du$$

$$J_a = \frac{1}{2\pi} \oint p_v dv$$

• 3D triaxial $\Phi(\lambda, \mu, \nu)$



2. Kinematics of stars

Description of stellar kinematics observed from the Sun

- Observed kinematical quantities

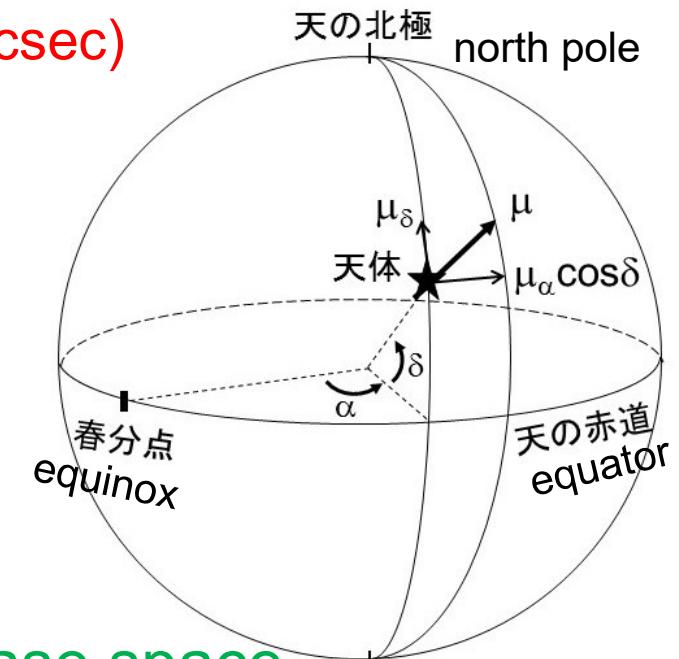
- Line of sight velocity: V_{rad} ,
- Distance: $D \text{ (pc)} = 1 / \pi \text{ (arcsec)}$
or $D \text{ (kpc)} = 1 / \pi \text{ (mas, milli-arcsec)}$

- Proper motion: $\mu = [(\mu_\alpha \cos \delta)^2 + (\mu_\delta)^2]^{1/2}$
[unit: arcsec ('') /yr
or mas (milli-arcsec: $10^{-3}''$) /yr]

Tangential velocity:

$$V_{\tan} \text{ (km/s)} = 4.74 D \text{ (pc)} \mu \text{ (arcsec/yr)} \\ = 4.74 D \text{ (kpc)} \mu \text{ (mas/yr)}$$

- $(\alpha, \delta), D, V_{\text{rad}}, (\mu_\alpha, \mu_\delta)$
 $\rightarrow 3d \text{ position} + 3d \text{ velocity} \rightarrow 6d \text{ phase space}$



SKY-SCANNING COMPLETE FOR ESA'S MILKY WAY MAPPER GAIA

From 24 July 2014 to 15 January 2025, Gaia made more than three trillion observations of two billion stars and other objects, which revolutionised the view of our home galaxy and cosmic neighbourhood.

3 TRILLION
Observations



2 BILLION
Stars & other objects observed



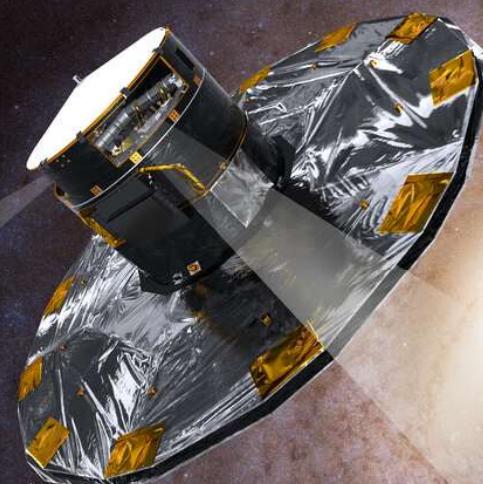
938 MILLION
Camera pixels on board



15 300
Spacecraft 'pirouettes'



55 KG
Cold nitrogen gas consumed



580 MILLION
Accesses of Gaia catalogue so far



13 000
Refereed scientific publications so far



2.8 MILLION
Commands sent to spacecraft



142 TB
Downlinked data (compressed)



500 TB
Volume of data release 4
(5.5 years of observations)



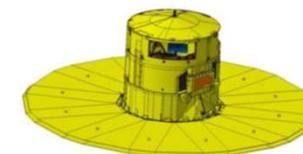
3827
Days in science operations



50 000 HOURS
Ground station time used



Astrometry Satellites: Hipparcos & Gaia

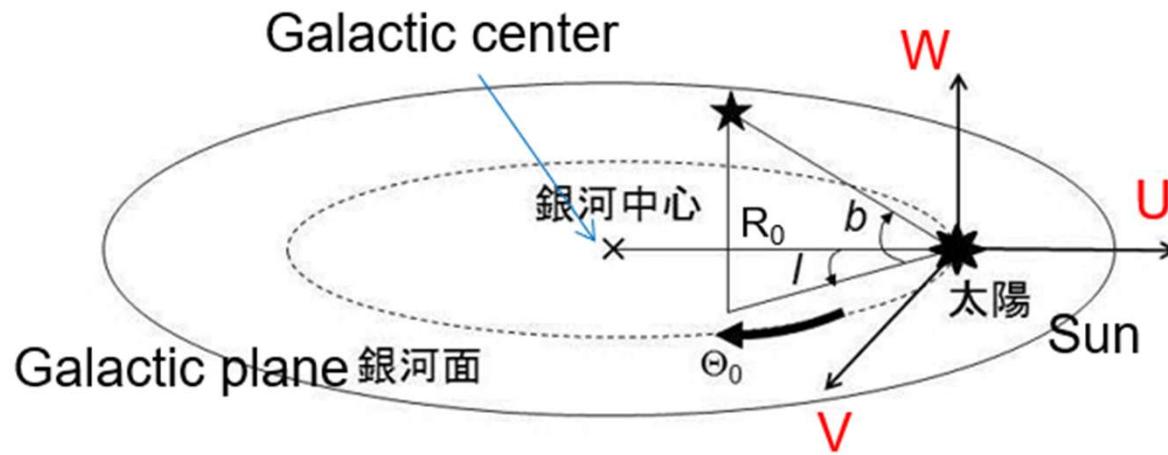


	Hipparcos	Gaia (DR3)
Operation period	1989-1993	2014-2025
Magnitude Limit	$V = 12.4$ mag	$G = 21$ mag
Number of stars	~120,000	~1.5 billion
Median astrometric accuracy	~ 1 mas ($H_P < 9$ mag)	20-30 μ as ($G < 15$ mag) 70 μ as (at $G = 17$ mag) 500 μ as (at $G = 20$ mag) 1.3 mas (at $G = 21$ mag)
Radial velocity accuracy	None	6.4 km s^{-1} (at $G_{\text{RVS}} = 14$ mag)
Astrophysical parameters (T_{eff} , $\log g$, [M/H])	None	Available ($G < 17.6$ mag)

Gaia: $10\mu\text{as} = 10\%$ error @distance 10kpc, $10\mu\text{as/yr} = 1\text{km/s}$ @20kpc

Hipparcos: $1\text{mas} = 10\%$ error @distance 100pc, $1\text{mas/yr} = 5\text{km/s}$ @ 1kpc

The Local Standard of Rest (LSR) & UVW velocities



- The LSR: a circular orbit at ($R=R_0$, $V_{\text{rot}} = \Theta_0$)
- (U, V, W): star's velocities relative to the LSR
- ($U_{\text{sun}}, V_{\text{sun}}, W_{\text{sun}}$): solar motion relative to the LSR
- Observed star's velocities from the Sun (heliocentric)
 $(U-U_{\text{sun}}, V-V_{\text{sun}}, W-W_{\text{sun}}) \simeq (V_R, V_\phi - \Theta_0, V_z)$ in cylindrical coords.

Galactic constants: Θ_0 , R_0 , ($U_{\text{sun}}, V_{\text{sun}}, W_{\text{sun}}$)

Determination of Galactic Constants

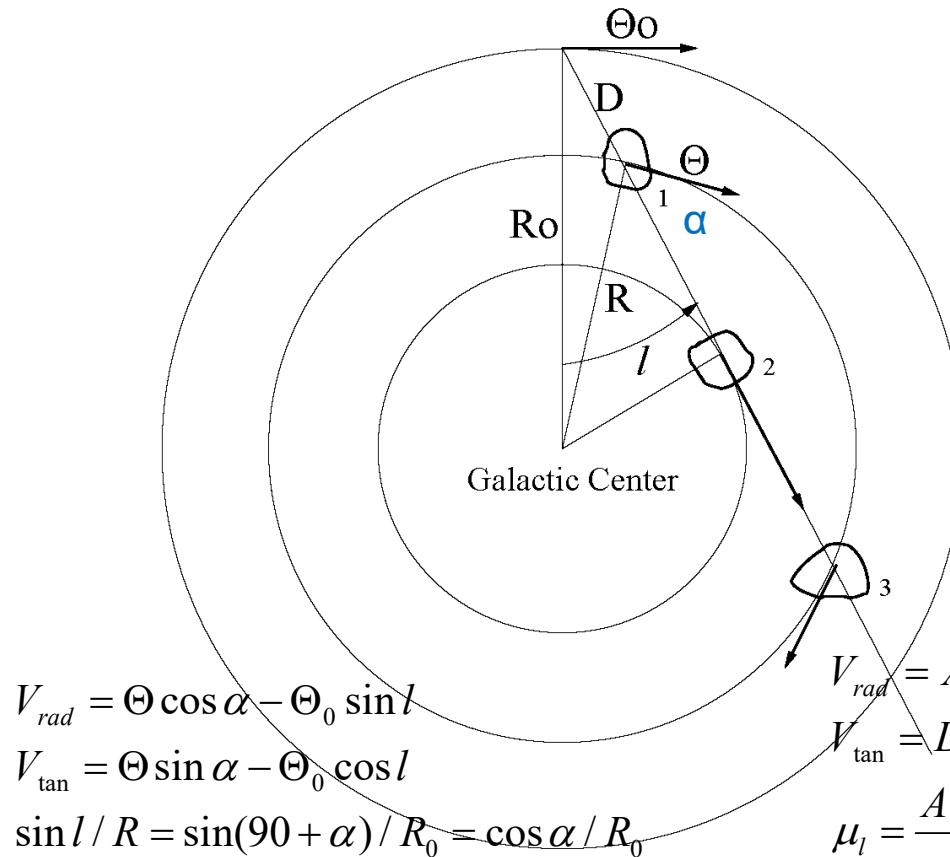
LSR
(Θ_0 , R_0)

- Rotational velocity of the LSR: Θ_0
 - Oort constants (A,B) $\rightarrow \Omega_0 = A - B \rightarrow R_0$ given $\rightarrow \Theta_0 = R_0 (A - B)$
 - Motion relative to Pop II system, but $\langle \Theta \rangle = 0$ is assumed
 - Proper motion of Sgr A* $\rightarrow R_0 \rightarrow \Theta_0$
if Sgr A* is fixed at the center and the LSR has $\Theta_0 = 220 \text{ km/s}$, then
 $\Theta_0 = 4.74 D \mu_l \rightarrow$ proper motion along Galactic long.: $\mu_l \sim 5.8 \text{ mas/yr}$
 - Solar position: R_0
 - The center of halo tracers (GCs, RR Lyr, Mira variables in the bulge)
 - Parallax of Sgr A*: $p(\text{mas}) = (D/\text{kpc})^{-1} = 0.1 \text{ mas}$
 - Stellar motions near Sgr A* (“binary method”) Salim & Gould 1999
- Kerr & Lynden-Bell (1986, MN, 221, 1023)
 $\Theta_0 = 220 \text{ km/s}, R_0 = 8.5 \text{ kpc (IAU standards)}$
- Recent trend: $\Theta_0 > 220 \text{ km/s}, R_0 \sim 8 \text{ kpc}$

Solar motion
(U_{sun} , V_{sun} , W_{sun})

- * Delhaye 1965 using A stars, K giants, M dwarfs
 $(U_{\text{sun}}, V_{\text{sun}}, W_{\text{sun}}) = (-9, 12, 7) \text{ km/s}$, (l,b)=(53,25)
- * More recent result (Schönrich +10, Coşkunoğlu+11)
 $(U_{\text{sun}}, V_{\text{sun}}, W_{\text{sun}}) = (-11.10, 12.24, 7.25) \text{ km/s}$

Determination of the rotation curve



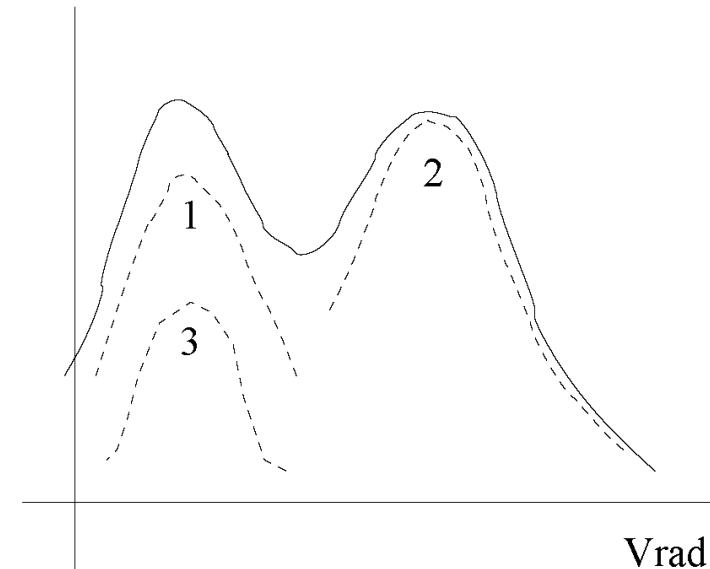
A, B: Oort Constants

$$\mu_l = \frac{A \cos 2l + B}{4.74}$$

$$A \equiv \frac{1}{2} \left[\frac{\Theta_0}{R_0} - \left(\frac{d\Theta}{dR} \right)_{R_0} \right]$$

$$B \equiv -\frac{1}{2} \left[\frac{\Theta_0}{R_0} + \left(\frac{d\Theta}{dR} \right)_{R_0} \right]$$

Radio intensity



$$V_{rad} = AD \sin 2l$$

$$V_{tan} = D(A \cos 2l + B)$$

$$\Omega_0 = \Theta_0 / R_0 = A - B$$

$$\left(\frac{d\Theta}{dR} \right)_{R_0} = -(A + B)$$

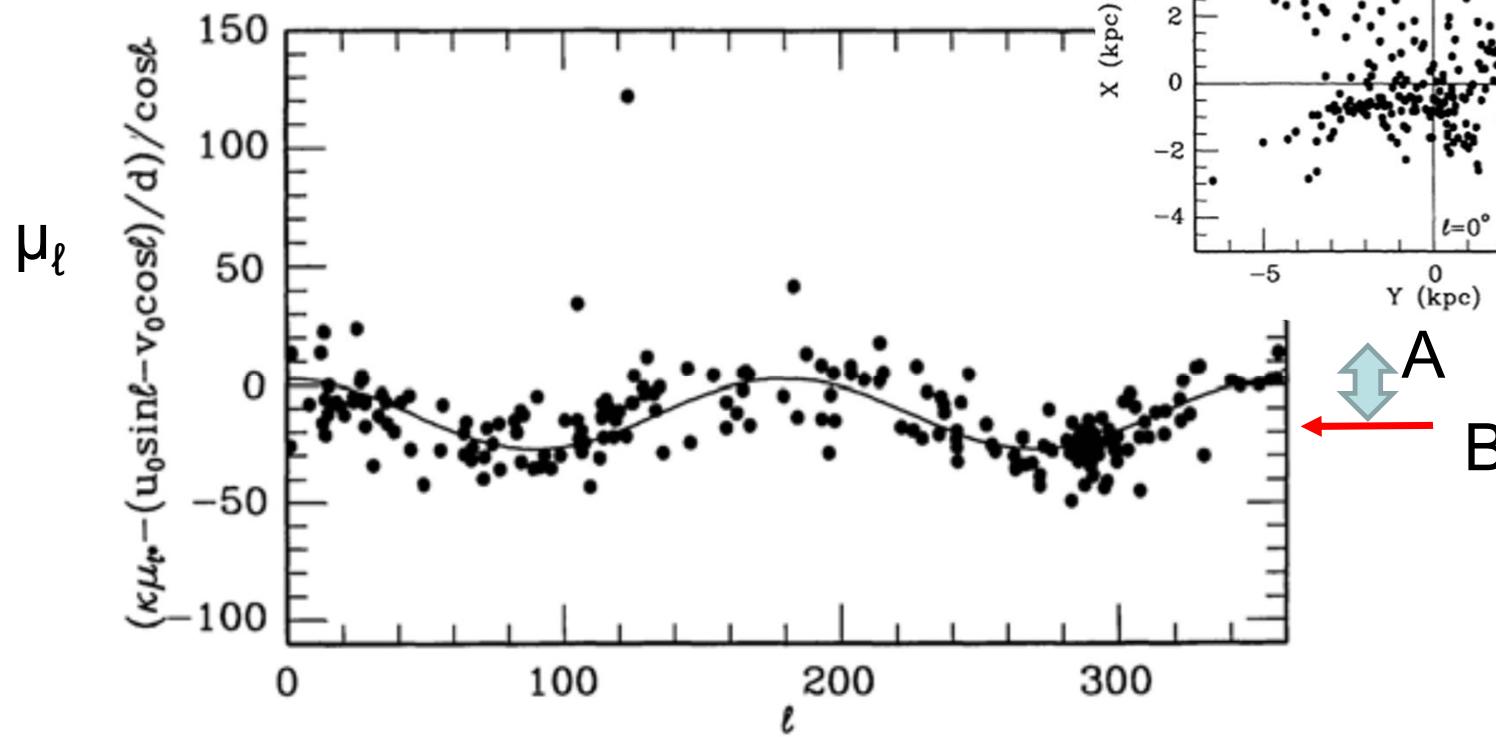
V_{rad} is max at $R = R_0 \sin l \Rightarrow \Theta(R)$

$$\frac{\partial V_{rad}}{\partial D} = 0 \Rightarrow \partial R / \partial D = 0$$

$$R^2 = D^2 + R_0^2 - 2DR_0 \cos l$$

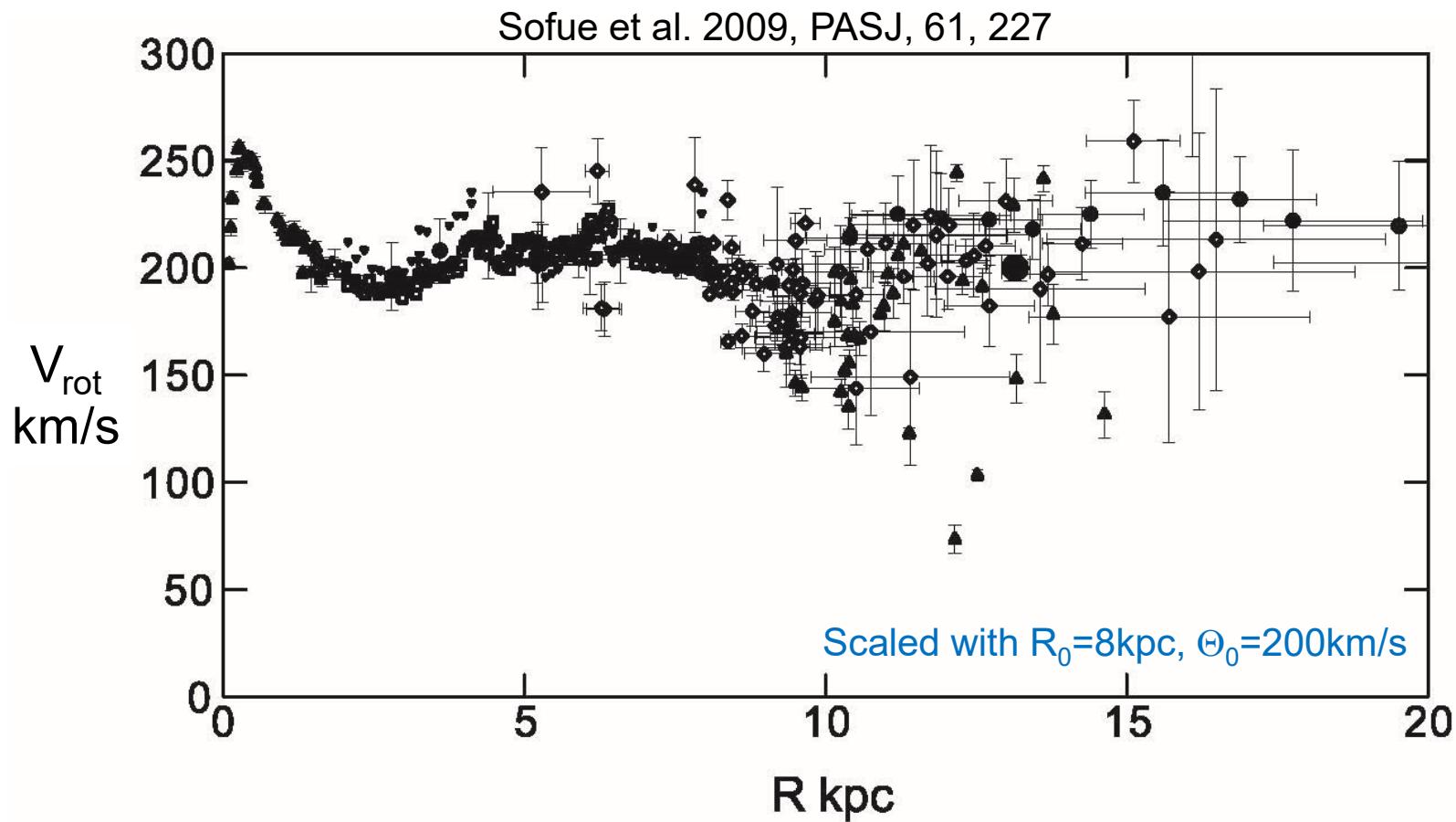
$$\Rightarrow D = R_0 \cos l \Rightarrow R = R_0 \sin l$$

Hipparcos proper motions toward Galactic longitude
for 220 Cepheids
(Feast & Whitelock 1997)



$$\mu_\ell \propto V_{\tan}/D = A \cos 2\ell + B \Rightarrow A, B$$

Rotation curve of the Milky Way



See also, Gunn, Knapp, Tremaine 1979, AJ, 84, 1181;
Fich & Tremaine 1991, ARAA, 29, 409

Rotation curve of the Milky Way

Recent results using Gaia data

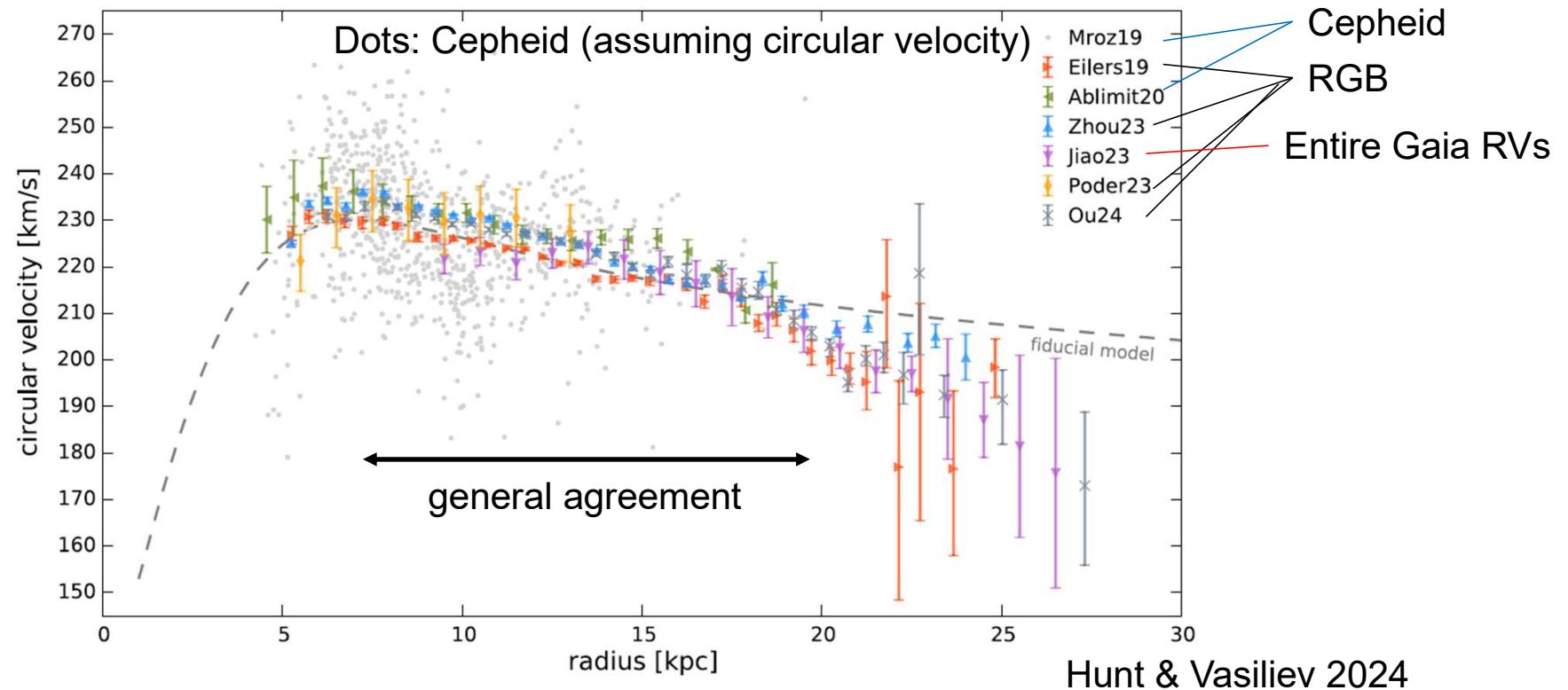
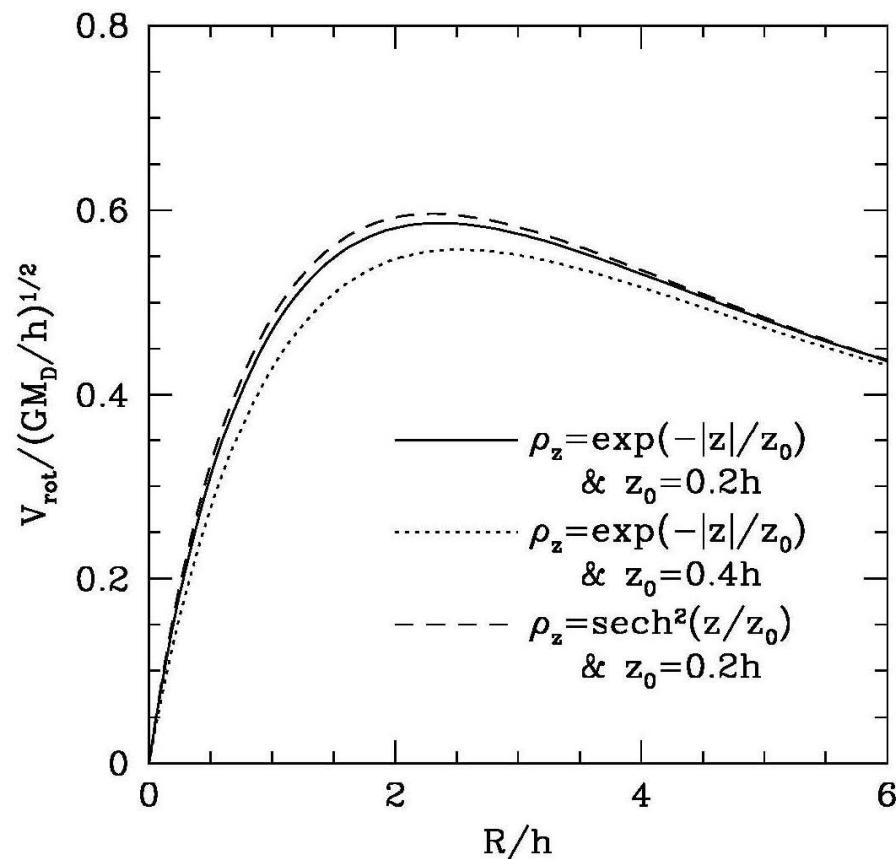


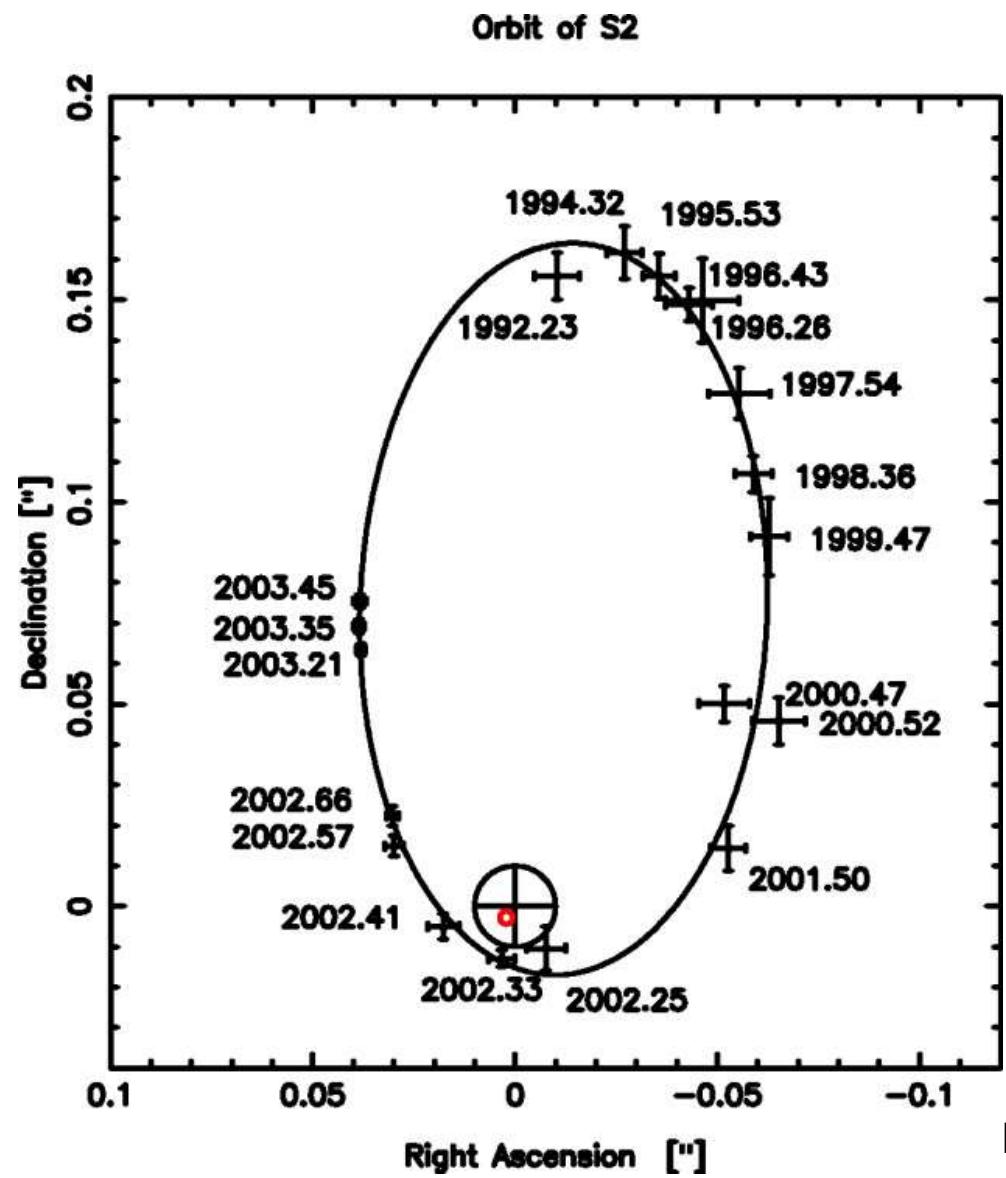
Fig. 17. A compilation of measurements of the Milky Way circular-velocity curve in the radial range 5–30 kpc. The dashed line shows the same fiducial model as in the previous plot.

But this declining rotation curve suggests only $M_{\text{tot}} \sim \text{a few times } 10^{11} \text{ Msun}$,
 that is inconsistent with other estimates of $M_{\text{tot}} \sim 10^{12} \text{ Msun}$
 ⇒ circular velocity assumption?, dynamical equilibrium?

Effect of disk thickness on rotation curve at the disk plane

V_{rot} provided by an exponential disk: $\rho(R,z) = \rho_0 \exp(-R/h) \rho_z(z)$





Geometric determination of the distance to the Galactic Center

orbital eclipse vs. angular sep.
 $\rightarrow R_0$

$$R_0 = 7.94 \pm 0.42 \text{ kpc}$$

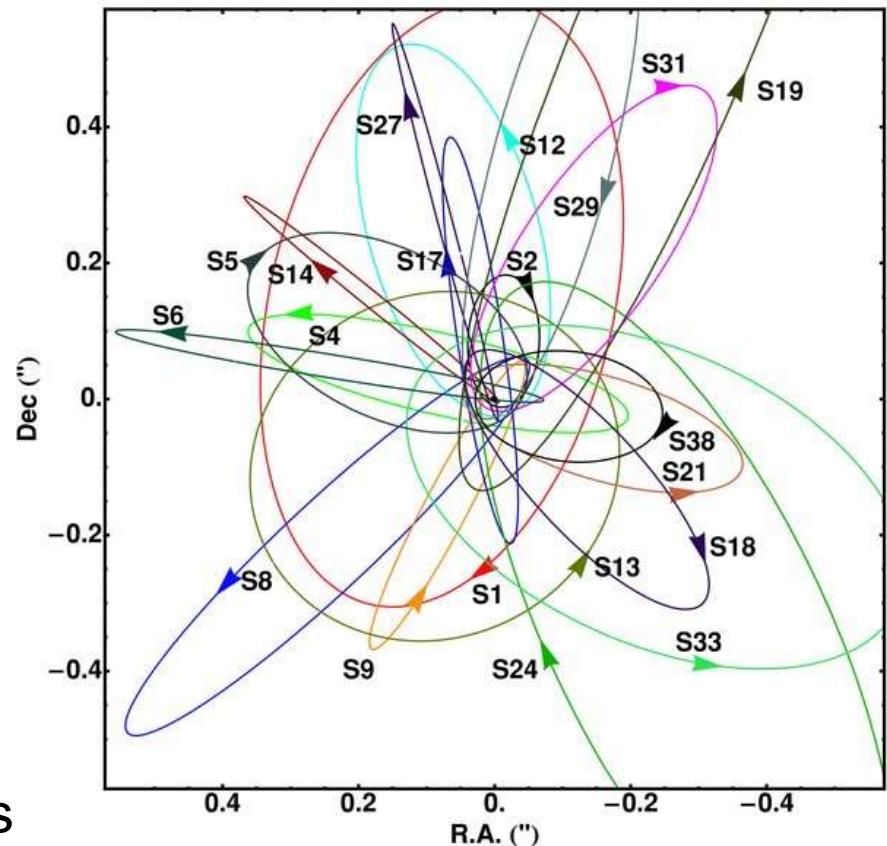
Eisenhauer et al. 2003, ApJ, 597, L121

Using more orbits

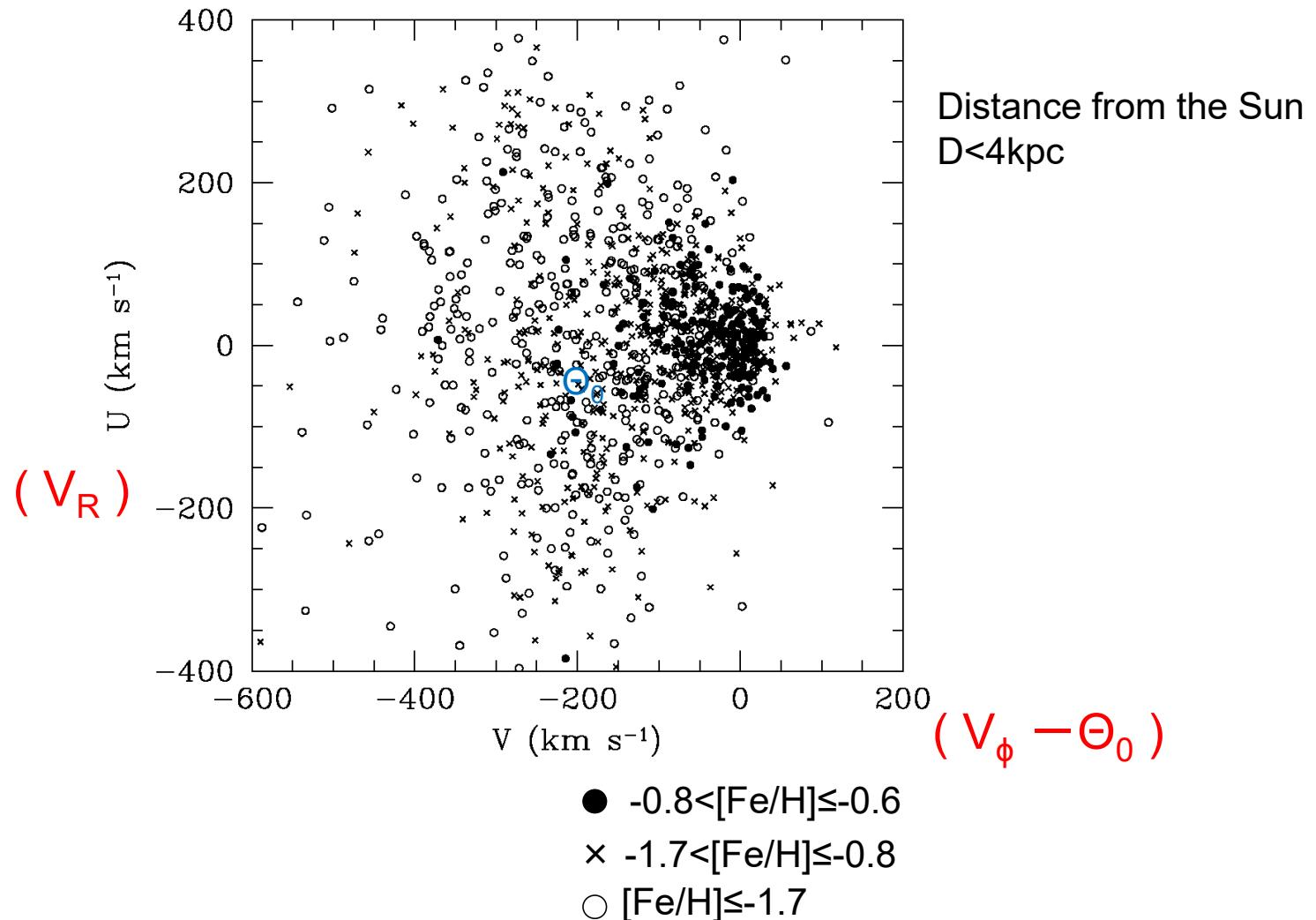
Gillessen et al. 2009:
16 years of monitoring
the orbits of 28 stars
 $R_0 = 8.33 \pm 0.35$ kpc

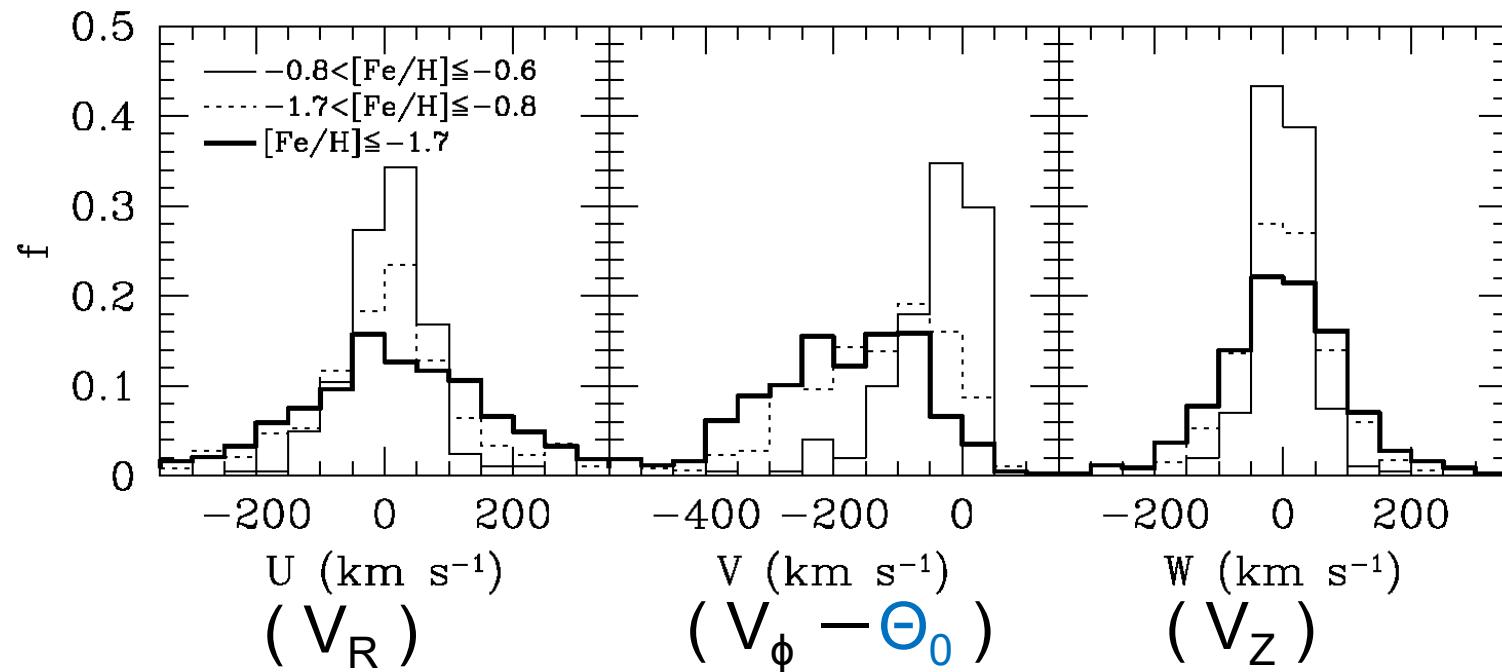
Reid & Brunthaler 2004:
 $\mu_l(\text{SgrA}^*) = 6.379 \pm 0.026$ mas/yr

$\Rightarrow (\Theta_0 + V_{\text{sun}})/R_0 = 30.24$ km/s/kpc
Then if $R_0 = 8.3$ kpc & $V_{\text{sun}} = 12.24$ km/s
 $\Rightarrow \Theta_0 = 239$ km/s



(U,V) velocities for nearby stars (V_R , $V_\phi - \Theta_0$)





	σ_U	σ_V	σ_W	$\langle V \rangle$
$[\text{Fe}/\text{H}] \leq -1.7$	150 km/s	110 km/s	100 km/s	-200 km/s
$-0.8 < [\text{Fe}/\text{H}] \leq -0.6$	60 km/s	60 km/s	40 km/s	-30 km/s

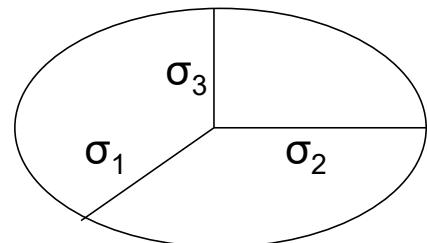
3. Distribution function of stars

- Schwarzschild (1907) model

$$f(v_1, v_2, v_3) dv_1 dv_2 dv_3 = \frac{dv_1 dv_2 dv_3}{(2\pi)^{3/2} \sigma_1 \sigma_2 \sigma_3} \exp \left[- \left(\frac{v_1^2}{2\sigma_1^2} + \frac{v_2^2}{2\sigma_2^2} + \frac{v_3^2}{2\sigma_3^2} \right) \right]$$

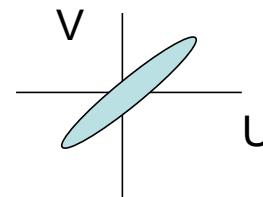
$\sigma_i^2 = \langle (v_i - \langle v_i \rangle)^2 \rangle$ velocity dispersion

Velocity ellipsoid



Vertex deviation

σ_i axis does not necessary match
the direction of (U,V,W)



Modeling distribution functions

$f(\mathbf{r}, \mathbf{v}, t) d^3\mathbf{r} d^3\mathbf{v}$ (\mathbf{r}, \mathbf{v}) phase space

$E(\mathbf{r}, \mathbf{v})$ $I_2(\mathbf{r}, \mathbf{v})$ $I_3(\mathbf{r}, \mathbf{v})$ Integrals of motions

$$n(\mathbf{r}) = \int f d^3\mathbf{v} \quad \langle v_i \rangle = \frac{1}{n} \int v_i f d^3\mathbf{v}$$
$$\sigma_i^2 = \langle (v_i - \langle v_i \rangle)^2 \rangle \quad \sigma_{ij}^2 = \langle (v_i - \langle v_i \rangle)(v_j - \langle v_j \rangle) \rangle = \langle v_i v_j \rangle - \langle v_i \rangle \langle v_j \rangle$$

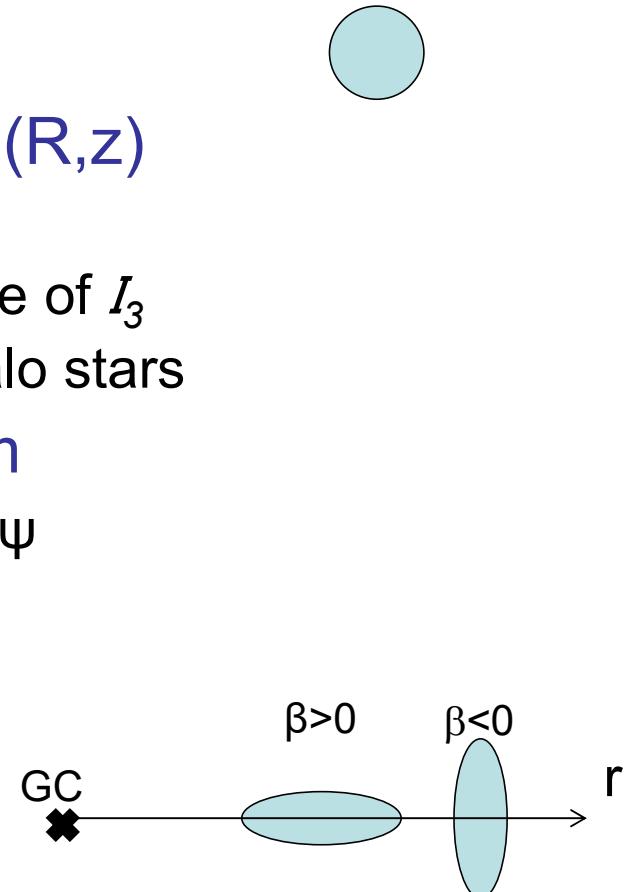
Integrals of motions, $I(\mathbf{r}, \mathbf{v})$, are the solutions to the steady-state collisionless Boltzmann equation

$$\frac{dI}{dt} = \mathbf{v} \cdot \nabla I - \nabla \Phi \cdot \frac{\partial I}{\partial \mathbf{v}} = 0$$

⇒ Jeans Theorem: $f(E, I_2, I_3)$, $f(J_1, J_2, J_3)$

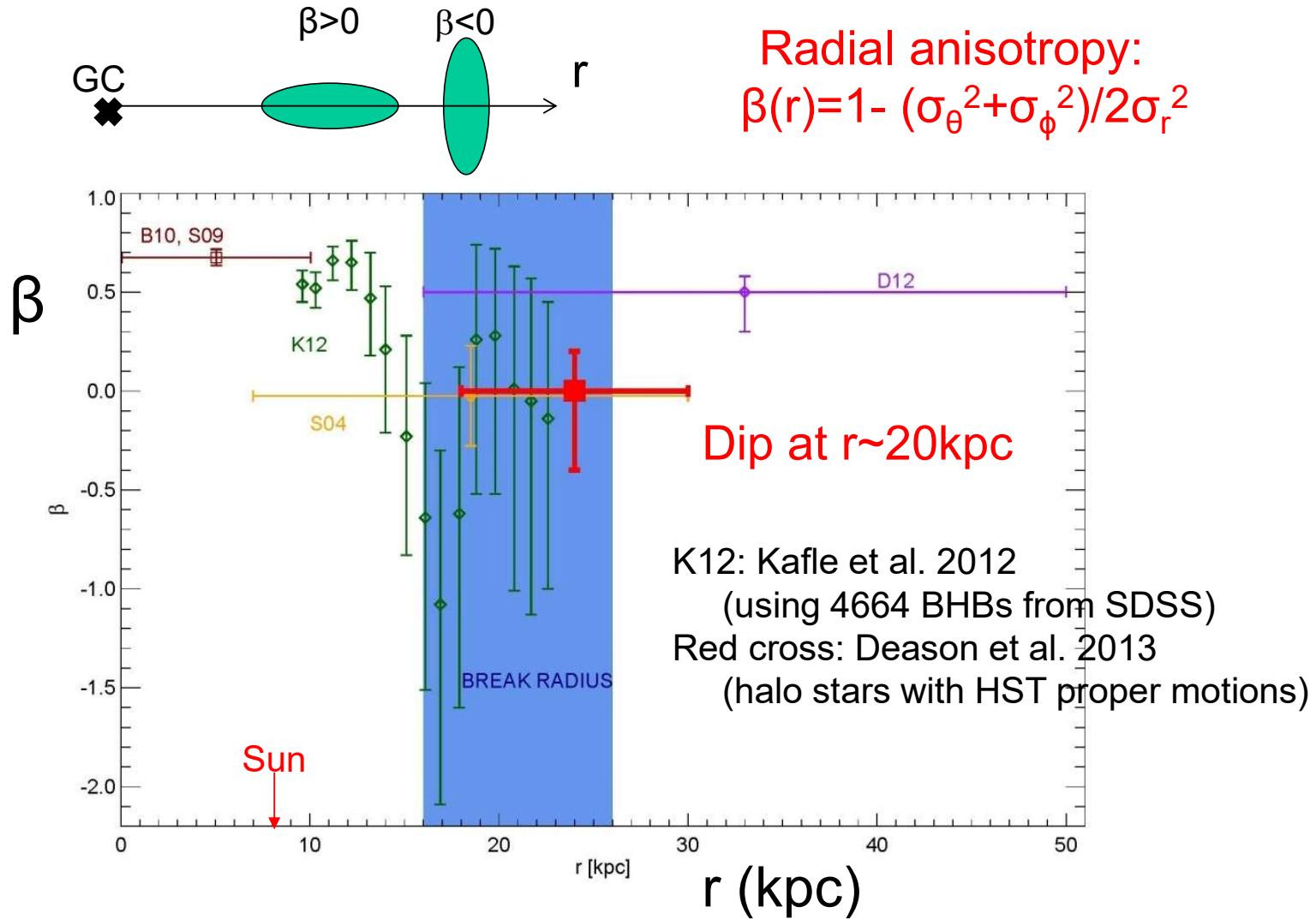
Some simple cases

- $f(E)$ isotropic velocity distribution
- $f(E, L_z)$ $L_z = Rv_\phi$ in axisymmetric $\Phi(R, z)$
 - $\sigma_R^2 = \sigma_z^2$ (but $\neq \sigma_\phi^2$) anisotropic
 - but $\sigma_R^2 \neq \sigma_z^2$ near the Sun \rightarrow presence of I_3
 $(\sigma_U, \sigma_V, \sigma_W) \approx (150, 110, 100)$ km/s for halo stars
- $f(E, L)$ L : total angular momentum
 - $v_r = v \cos \eta$, $v_\theta = v \sin \eta \cos \psi$, $v_\phi = v \sin \eta \sin \psi$
 - $v_t^2 = v_\theta^2 + v_\phi^2 = v^2 \sin^2 \eta$, $L = |rv_t| = |rv \sin \eta|$
 - $\sigma_\theta^2 = \sigma_\phi^2 \neq \sigma_r^2$ anisotropic
 - $\beta(r) = 1 - \sigma_\theta^2 / \sigma_r^2$, $\beta \leq 1$
 - $\beta > 0$: radially anisotropic
 - $\beta < 0$: tangentially anisotropic



These velocity anisotropies reflect past merging/accretion histories

Velocity anisotropy parameter $\beta(r)$

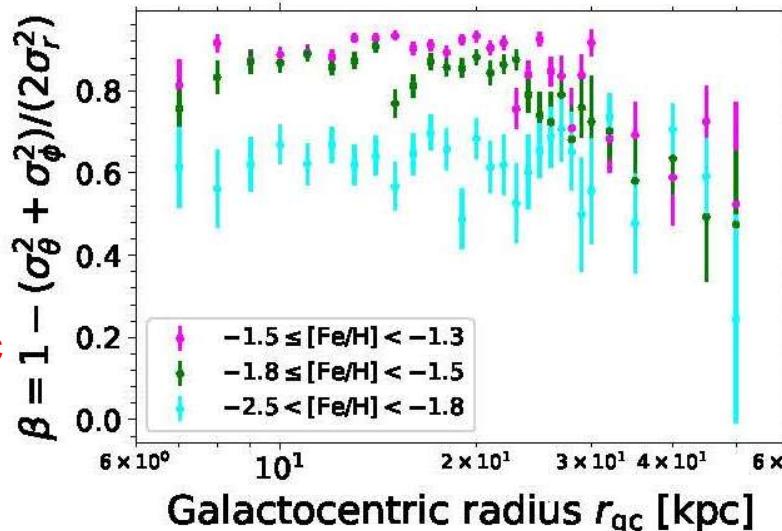


Recent results on $\beta(r)$

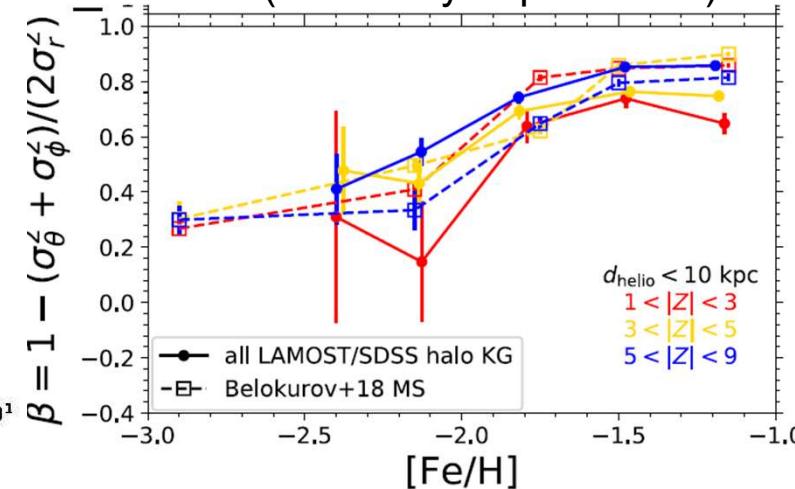
Bird et al. 2019

using 5600 K giants from LAMOST and Gaia DR2

- 1.8 < [Fe/H] < -1.3: boundary at $r \sim 20$ kpc (effect of Sgr dwarf?)
- [Fe/H] < -1.8: no dip

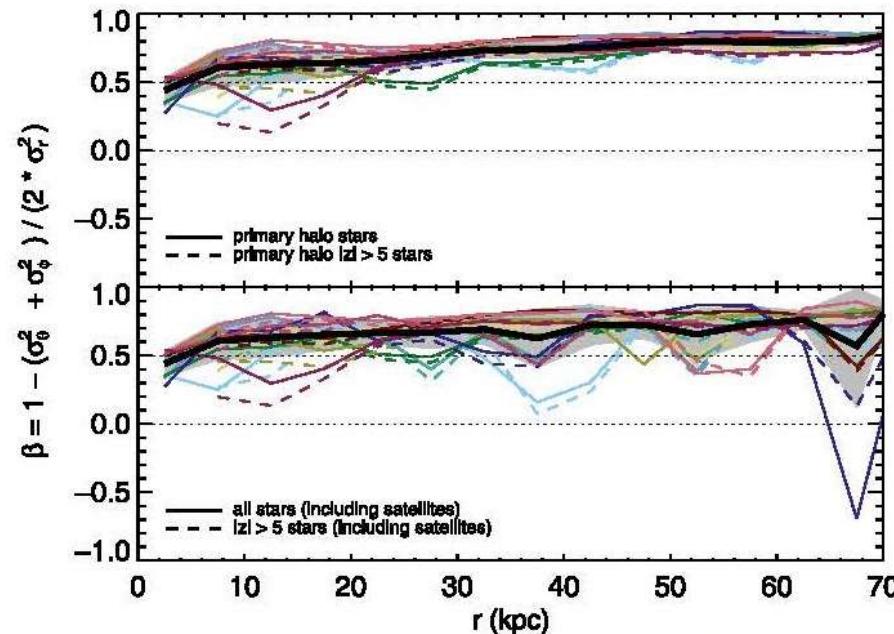


Bird et al. 2021
(metallicity dependence)



Loebman et al. 2019
using simulation results
by Bullock & Johnston 2005
(hierarchical clustering process)

$\beta \sim 0.7$
Radially anisotropic over entire radii
Presence of temporal dips



4. Jeans equations

Continuity eq.
in phase space

$$\frac{\partial f}{\partial t} + \sum_{i=1}^3 \frac{\partial(f \dot{x}_i)}{\partial x_i} + \sum_{i=1}^3 \frac{\partial(f \dot{v}_i)}{\partial v_i} = 0$$

Boltzmann equation

$$\frac{\partial f}{\partial t} + \mathbf{v} \cdot \nabla f - \nabla \Phi \cdot \frac{\partial f}{\partial \mathbf{v}} = 0$$

moment over v_i

$$\begin{cases} \frac{\partial n}{\partial t} + \sum_{i=1}^3 \frac{\partial}{\partial x_i}(n \langle v_i \rangle) = 0 \\ \frac{\partial n \langle v_j \rangle}{\partial t} + \sum_{i=1}^3 \frac{\partial}{\partial x_i}(n \langle v_i v_j \rangle) + n \frac{\partial \Phi}{\partial x_j} = 0 \end{cases}$$

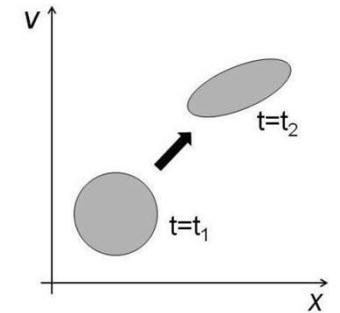
$$n(\mathbf{r}) = \int f d^3 \mathbf{v} \quad \langle v_i \rangle = \frac{1}{n} \int v_i f d^3 \mathbf{v}$$

Jeans equations

$$n \frac{\partial \langle v_j \rangle}{\partial t} + \sum_{i=1}^3 n \langle v_i \rangle \frac{\partial \langle v_j \rangle}{\partial x_i} = -n \frac{\partial \Phi}{\partial x_j} - \sum_{i=1}^3 \frac{\partial n \sigma_{ij}^2}{\partial x_i}$$

(hydrodynamical description)

$$\sigma_{ij}^2 = \langle (v_i - \langle v_i \rangle)(v_j - \langle v_j \rangle) \rangle = \langle v_i v_j \rangle - \langle v_i \rangle \langle v_j \rangle$$



Jeans theorem

$$\frac{dI}{dt} = \mathbf{v} \cdot \nabla I - \nabla \Phi \cdot \frac{\partial I}{\partial \mathbf{v}} = 0$$

I is a solution to steady-state collisionless Boltzmann eq.

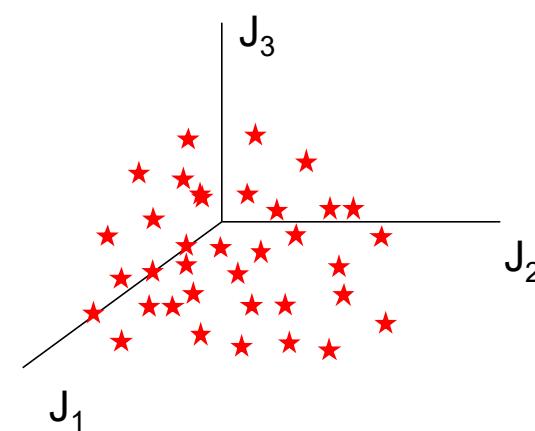
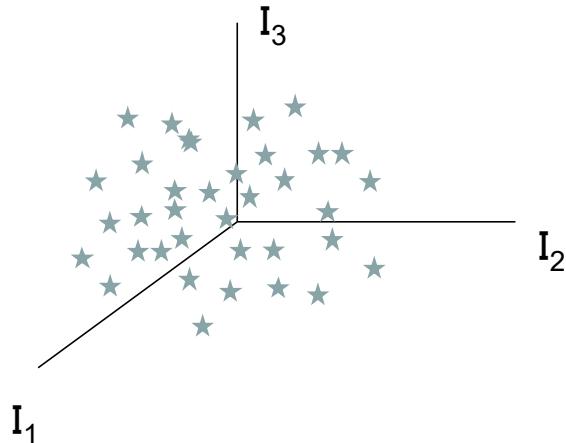
$f(I(r, v))$: a solution to steady-state collisionless Boltzmann eq.

Strong Jeans Theorem

Potential Φ allowing only regular orbits
(no resonance among 3 orbital frequencies)
⇒ 3 isolating integrals
⇒ DF depends only these 3 integrals

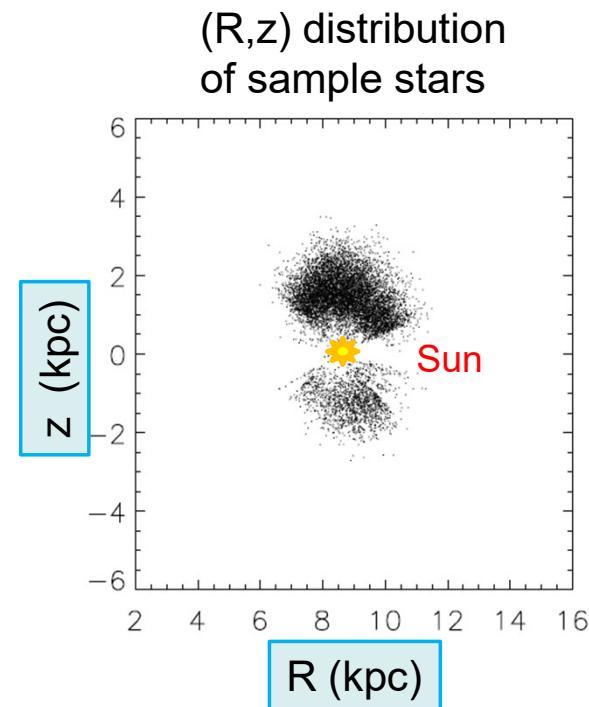
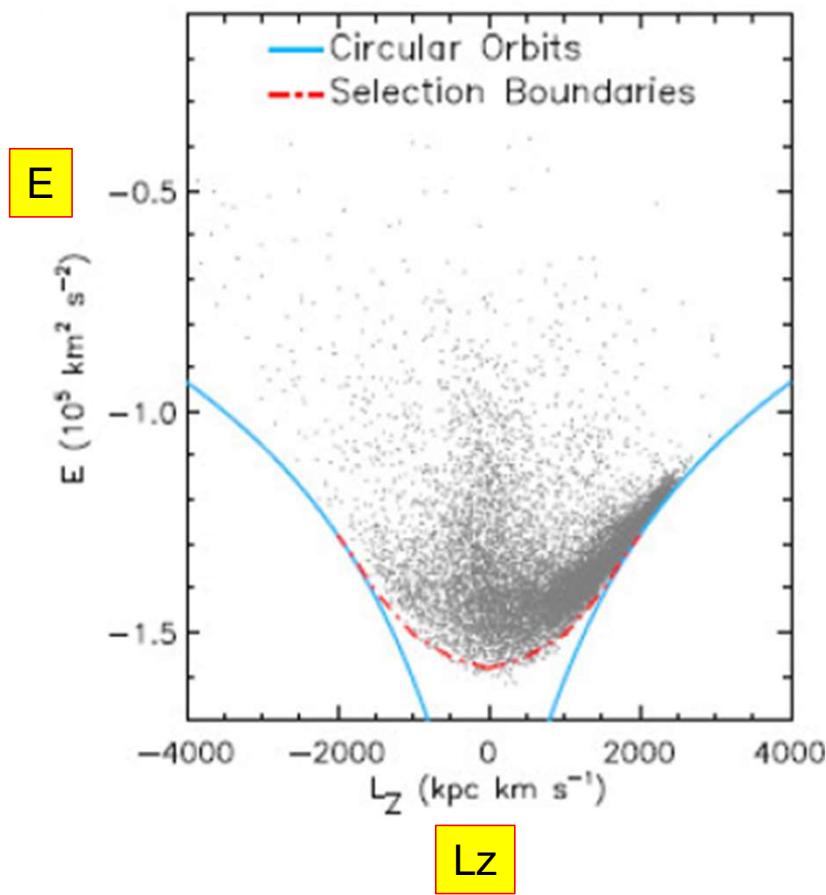
$$f(I_1, I_2, I_3) \quad I_1 = E, I_2 = L_z^2/2$$

$$f(J_1, J_2, J_3) \quad J_i(I_i)$$

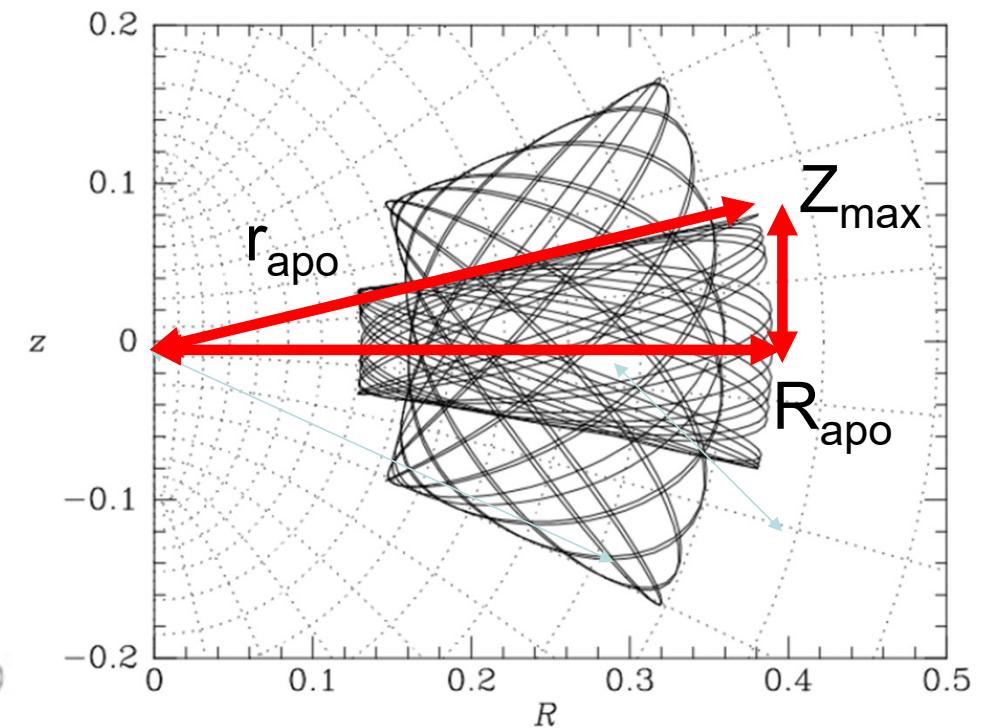
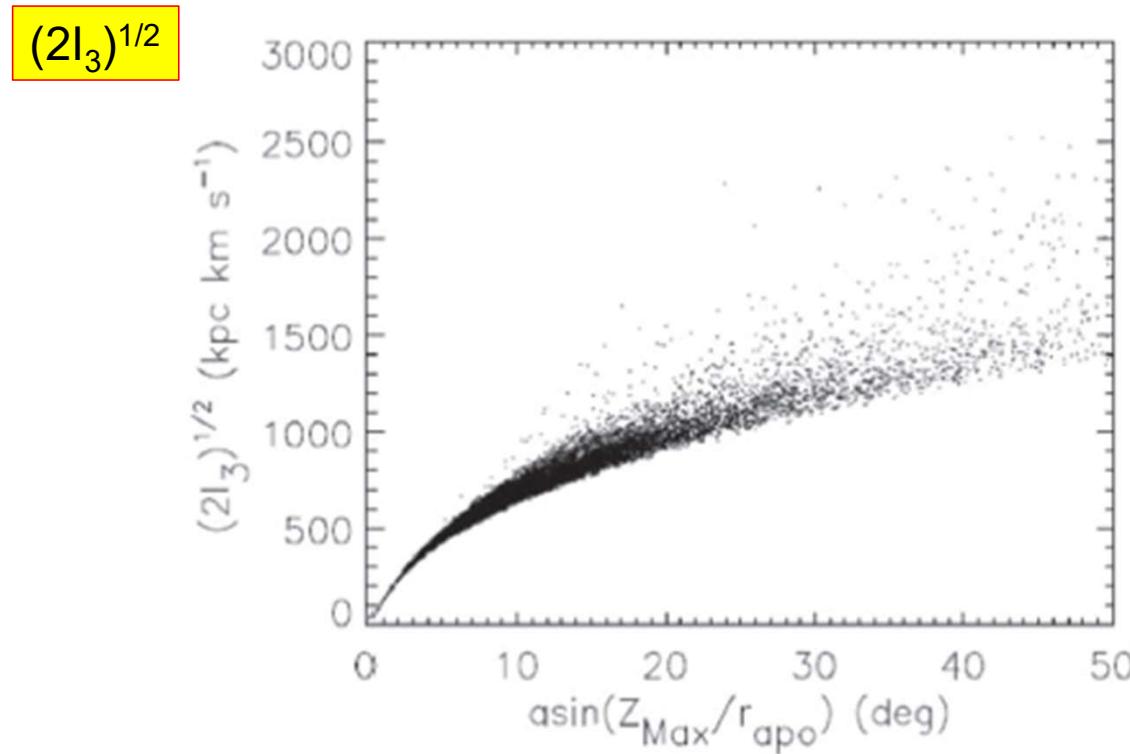


Nearby stars in (E, L_z, I_3) phase space SDSS-DR7 Calibration Stars + Gaia DR2

Carollo & Chiba 2021



What is the third integral, I_3 ?

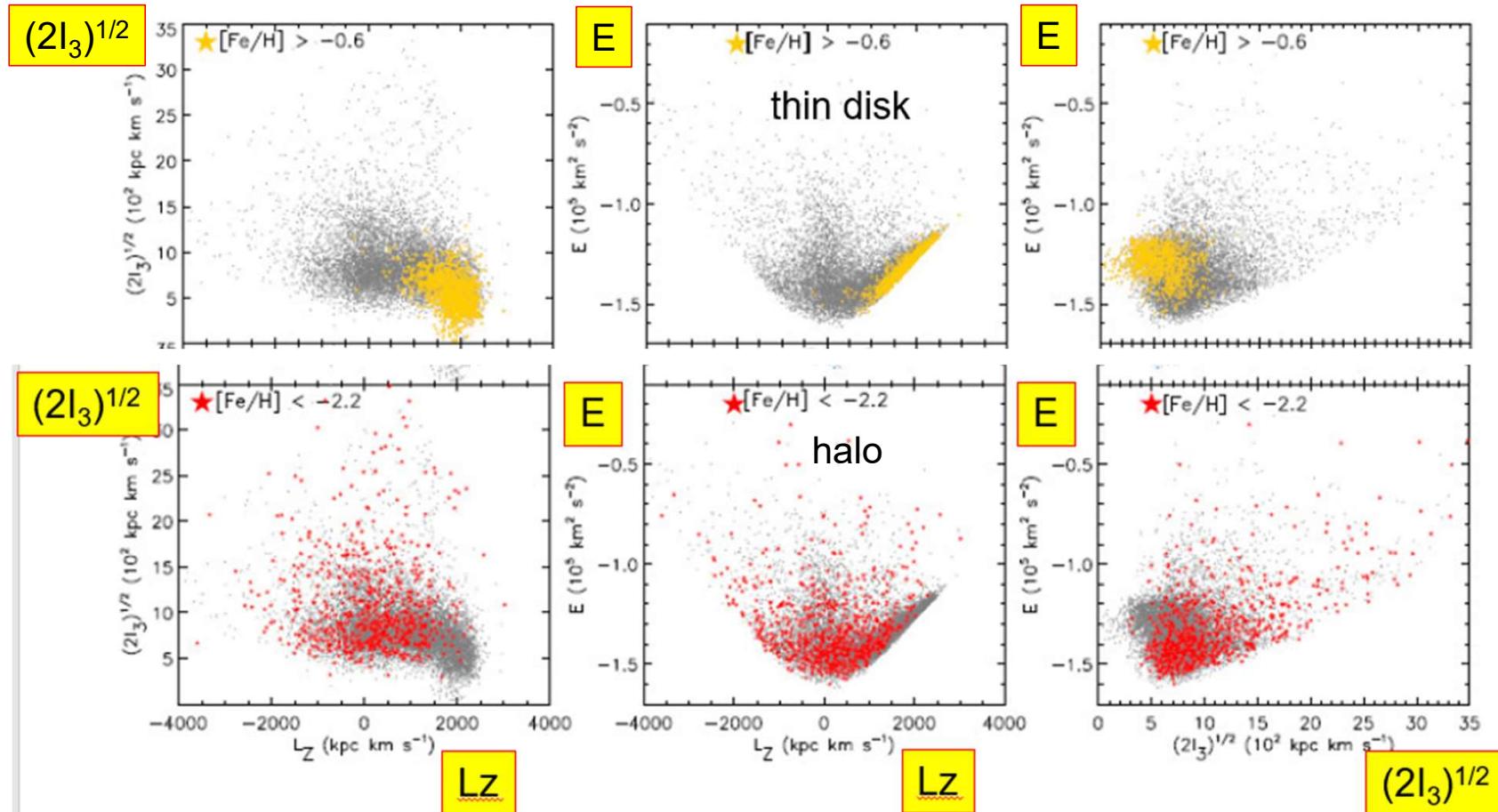


$\arcsin(Z_{\text{Max}}/r_{\text{apo}})$ (deg)
~ orbital inclination angle θ

Nearby stars in (E,L_z,I₃) phase space SDSS-DR7 Calibration Stars + Gaia DR2

Carollo & Chiba 2021

(grey: all stars)



Simple cases for Jeans equations (I)

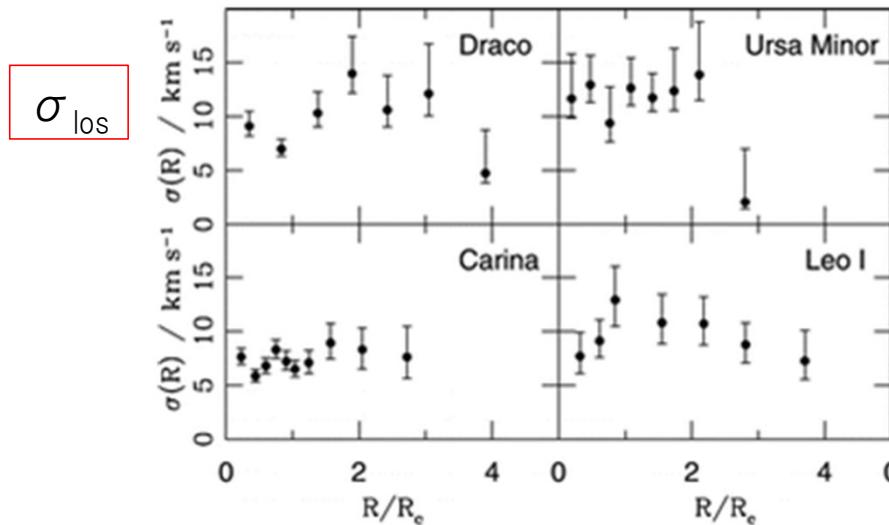
- Spherical system

$$\frac{1}{n} \frac{dn\sigma_r^2}{dr} + 2\frac{\beta\sigma_r^2}{r} = -\frac{d\Phi}{dr} = -\frac{GM(r)}{r^2}$$

$$\beta \equiv 1 - (\sigma_\theta^2 + \sigma_\phi^2)/(2\sigma_r^2)$$

$$\beta = \text{const.} \Rightarrow n\sigma_r^2 = r^{-2\beta} \int_r^\infty \frac{nGM(r')}{r'^2} r'^{2\beta} dr'$$

Example: Line-of-sight velocity dispersion profile in MW dwarf satellites



Leo I



Car



$\sigma_{\text{los}}(R)$
 $\sigma_r(r)$



$M(r)$
Dark matter

Simple cases for Jeans equations (II)

- Axisymmetric system

$$\frac{1}{n} \frac{\partial n \langle v_R^2 \rangle}{\partial R} + \frac{1}{n} \frac{\partial n \langle v_R v_z \rangle}{\partial z} + \frac{\langle v_R^2 \rangle - \langle v_\phi^2 \rangle}{R} = - \frac{\partial \Phi}{\partial R}$$

$$\frac{1}{n} \frac{\partial n \langle v_R v_z \rangle}{\partial R} + \frac{1}{n} \frac{\partial n \langle v_z^2 \rangle}{\partial z} + \frac{\langle v_R v_z \rangle}{R} = - \frac{\partial \Phi}{\partial z}.$$

Example 1: R direction

At $z \sim 0$ $\partial n / \partial z = 0$, $\partial \langle v_R v_z \rangle / \partial z = 0$

Circular velocity $V_c^2 = R \partial \Phi / \partial R$

$$\langle v_\phi \rangle^2 = V_c^2 - \sigma_R^2 \left[\frac{\sigma_\phi^2}{\sigma_R^2} - 1 - \frac{\partial \ln(n \sigma_R^2)}{\partial \ln R} \right]$$

Asymmetric drift

σ_R^2 is large (old stars) $\langle v_\phi \rangle < V_c$

σ_R^2 is small (young stars) $\langle v_\phi \rangle \simeq V_c$

Example 2: z direction

At $z \sim 0$ $\partial / \partial z \gg 1$

$$\frac{1}{n} \frac{\partial n \sigma_z^2}{\partial z} = - \frac{\partial \Phi}{\partial z}$$

vertical equilibrium

5. Virial theorem

$$xmx_k \quad \rho \equiv nm \quad \frac{\partial n\langle v_j \rangle}{\partial t} + \sum_{i=1}^3 \frac{\partial}{\partial x_i} (n\langle v_i v_j \rangle) + n \frac{\partial \Phi}{\partial x_j} = 0$$

 $\int x_k \frac{\partial \rho \langle v_j \rangle}{\partial t} d^3x + \int x_k \sum_{i=1}^3 \frac{\partial}{\partial x_i} (\rho \langle v_i v_j \rangle) d^3x + \int \rho x_k \frac{\partial \Phi}{\partial x_j} d^3x = 0$

$$\boxed{\frac{1}{2} \frac{d^2 I_{jk}}{dt^2} = 2K_{jk} + W_{jk}}$$

$$\left\{ \begin{array}{l} I_{jk} \equiv \int \rho x_j x_k d^3x, \\ K_{jk} \equiv \frac{1}{2} \int \rho \langle v_j v_k \rangle d^3x, \\ W_{jk} = W_{kj} \equiv - \int \rho x_k \frac{\partial \Phi}{\partial x_j} d^3x \end{array} \right.$$

Steady state

$$\boxed{2K + W = 0}$$

$$\left\{ \begin{array}{l} K = M \langle v^2 \rangle / 2 \\ W = -GM^2 / R_g \end{array} \right. \rightarrow \boxed{\langle v^2 \rangle} = \frac{GM}{R_g} \simeq 0.4 \frac{GM}{R_h} \rightarrow M$$

R_g : gravitational radius

R_h : half-mass radius $\simeq 0.4R_g$